

Georgia School and Community News

February 5, 2020 ~ www.gemsvt.org



28th Annual Celebration of Talent Night

The 28th Annual Celebration of Talent will be held on Thursday, February 13, 2020 at 6:00 p.m. in the Big Gym. Please come see our wonderfully talented students (and some adults)





for the small cost of \$2 per person or \$6 maximum per family. Refreshments will be available for purchase, proceeds to benefit the 8th grade class of 2020. Student Council will be selling flowers. Single flowers are \$1 and small bouquets are \$7. There are a few large bouquets for \$10. The money raised will be donated to local humane societies. Please consider buying your favorite performer flowers from the Student Council!



The GEMS Student Council will be selling carnations for Valentine's Day! Choice of color; each flower is \$1 and they will be delivered to students on February 14th. Student Council will be taking orders during 5/6 and 7/8 lunch on February 10-11th. Carnations can also be ordered and delivered to anyone in the school – just email kwieland@fwsu.org for more information.

Upcoming Events

Date	What	When and Where
February 5, 12, 19	Adult Volleyball	7:30 in the Big Gym
February 8	Cub Scouts	8:30-10:30 a.m. in the Cafeteria
February 12	Talent Show Rehearsal	3-5:00 p.m. in the Big Gym
February 13	Talent Show Performance	6:00 p.m. in the Big Gym
February 17, March 9	Girl Scouts	6:15-7:30 in Room C106
February 18, March 10	Cub Scouts	6:00-7:15 in C105
February 18	PTCO Meeting	6:30-8:00 p.m. in the Library
February 24-March 3	No School	Winter Vacation
March 3	Town Meeting Day 	voting begins at 7:00 a.m. in the Big Gym; Town Meeting starts at 10:00 a.m. in the Big Gym
March 4	School Resumes for all grades	
March 4, 11, 18, 25	Adult Volleyball	7:30 in the Big Gym
March 6	PTCO Movie Night	6:00 p.m. in the Big Gym
March 10	School Board Meeting	6:00 p.m. in the Library
March 12	STEM Fair	5:30-7:30 in the Big Gym
March 14	Pinewood Derby	8:30 a.m.-12:30 p.m. in the Big Gym

Our Girls on the Run Team Needs Coaches!

What is Girls on the Run?

Girls on the Run is an afterschool, spring program for girls in 3rd-5th grades that encourages girls to recognize their individual strengths and celebrate connections with others. Our team will explore themes like healthy relationships, positive self-talk and managing emotions through fun and interactive lessons. Physical activity is woven into each session as a way for girls to experience goal setting and achievement. The season culminates with the Girls on the Run 5k, a celebratory event that reinforces that big things are possible when you keep moving forward!

What is the volunteer commitment as a Coach?

The season is 10 weeks and kicks off mid-March. Teams meet twice weekly, after school, for 90 minutes per session. Coaches may identify as any gender and definitely do NOT have to identify as runners! Coach teams are a combination of guardians, teachers, school staff and community member volunteers. GOTRVT provides comprehensive coach training, a curriculum that maps out each session, all team supplies and support throughout the season.

How do I learn more?

Contact Jessica Green, Girls on the Run Vermont's Northern Program Coordinator, at 802-871-5664 or Jessica@girlsontherunvermont.org. Visit www.gotrvt.org/coach for more info or to register as a Coach!

Our Girls Need Mentors!

We need volunteer coaches to keep our Girls on the Run (GOTR) team going this spring! GOTR coaches are as unique as the 3rd-5th grade girls they lead. They are guardians, teachers and community members just like YOU who believe in the limitless potential of each girl. The 10-week season begins mid-March and culminates with the Girls on the Run Vermont (GOTRVT) 5K in June.

The commitment is to facilitate one or both of the two weekly sessions with the support of your co-coaches. Girls on the Run Vermont provides comprehensive coach training, an easy to follow curriculum that maps out each session and all materials for facilitation. As a coach, you would help girls develop crucial life skills like managing emotions, building healthy relationships and turning negative self-talk into positive self-talk. Each lesson integrates physical activity through fun games and activities to help girls build confidence and achieve their 5K goals!

To learn more, please visit www.gotrvt.org/coach If you are interested in helping, please contact GOTRVT's Program Coordinator, Jessica Green, at Jessica@girlsontherunvermont.org or 802-871-5664 for more info!

It's Not Too Late to Coach with Girls on the Run!

Designed to allow every girl to recognize her inner strength, Girls on the Run inspires girls to define their lives on their own terms. Throughout the 10-week season, participants make new friends, build confidence and celebrate all that makes them unique. The experience culminates with each girl completing Girls on the Run Vermont's 5K in June. Crossing the finish line is a defining moment when team members realize that even the seemingly impossible IS possible! The volunteer commitment is to attend one or both of the two weekly afterschool sessions. Our season kicks off mid-March. Coaches may identify as any gender and definitely do NOT have to identify as runners! Girls on the Run Vermont provides easy to follow lesson plans for each meeting, all activity supplies, comprehensive training and support throughout the season.

Visit www.gotrvt.org/coach to learn more or register to coach! Questions? Contact GOTRVT's Program Coordinator, Jessica Green, at Jessica@girlsontherunvermont.org or 802-871-5664.